

Chaplin Senior Center

January 2024

132 Chaplin Street
Chaplin, CT 06235
860-455-1327

Lisa Kegler, Director
Linda Grindle, Asst. Director
Bob Grindle & Dawn Gilbert, Kitchen
Shirley Rakos, Municipal Agent

Artist of the Month - Charles McCaughtry



Charles McCaughtry paints landscapes of wild places, still waters, and flowing rivers, from forest to sea, pure nature motivates his work, as well as a love of small boats, open sea, old barns, and fly fishing. He gets much of his inspiration while canoeing, kayaking, fly fishing and hiking.

Charley has spent most summers since 1970 painting in Maine and eastern Canada. The Maine coast, and the wilds of interior Maine and Canada have drawn him to the special places he explores and paints.

His paintings have been exhibited widely in galleries, museums, and universities in the United States and Canada. He has held over sixty one man exhibits and received honors from many exhibitions, museums, and art organizations. His paintings can be found in many institutional, corporate, and private collections in the United States, Canada, and Europe.

**For our Chaplin resident's convenience, the Chaplin Tax
Collector will be at the Senior Center on Wednesday,
January 10th from 10:00am till 1:00pm**

**CURBSIDE PICKUP OR DINE IN LUNCHEES
CHAPLIN SENIOR CENTER**

Every Monday and Wednesday. \$6.00 for members and \$8.00 for non-members. Pickups will be from 11:45 till 12:15. Dining in starts at noon. You must call in your order on the Thursday before by 2:00pm for Monday lunch and call in on Monday before for Wednesday lunch.

Mon, Jan. 1st – Senior Center Closed

Wed. Jan. 3rd – Chicken w/ Noodles, Sauteed Green Beans, Dinner Rolls, Dessert

Mon. Jan 8th – Meat Lasagna, Tossed Salad, Garlic Bread, Dessert

Wed. Jan 10th – Sausage Grinder w/ Onions and Peppers, Cheese, Cole Slaw, Chips, Dessert

Mon. Jan 15th – Senior Center Closed

Wed. Jan. 17th – Beef Stew w/ Biscuit, Cole Slaw, Dessert

Mon. Jan 22nd – Baked Chicken Quarter w/ Scalloped Potatoes, Vegetable, Dinner Roll, Chocolate Cake

Wed. Jan 24th – American Chop Suey, Tossed Salad, Garlic Bread, Dessert

Mon. Jan 29th – Swedish Meatballs over Egg Noodles, Vegetable, Dinner Roll, Dessert

Wed. Jan. 31st – Baked Potato Bar w/ Chili, Broccoli, Bacon Bits, Sour Cream, Cheese Sauce, Dinner Roll, Dessert



Chaplin History Talk

The History of Chaplin Village



Saturday, January 6th – 1:00 PM
Chaplin Public Library

Presented by Sally Zimmerman and Allen Olsen

Join Chaplin residents and local historians Sally Zimmerman and Allen Olsen to learn about their in-depth research of the Chaplin village. They have uncovered details which add to the previous research of Gordon Naser, Johanne Philbrick, and Rusty Lanzit. Light refreshments will be served by the Friends.

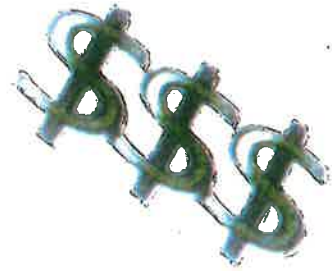
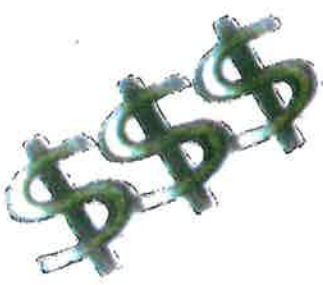
Owners of village homes may schedule half-hour appointments to meet individually with Sally and Allen on Saturday, January 20th between 9:30am – 1:00pm. Please speak with a librarian to sign up and learn more about your home's history.

For more information, please call the library at 860-455-9424 or visit the website at www.chaplinpubliclibrary.org. The library is located at 130 Chaplin St. in Chaplin, CT. All are welcome!

Chaplin Senior Center Monthly Calendar

January 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
1 Senior Center Closed. New Year's Day !!!	2 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 10:00 Memoir Group 10:00-2:00 Mahjongg	3 9:00 - 12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu 12:30-1:30 Qigong 12:30-2:00 Mexican Train	4 8:00 Breakfast Club 9:00-9:45 Fit & Fun 9:45 Left Center Right Dice Game 10:00 Chaplin Community Harmony Singers
8 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 10:00 Wii Bowling 11:00 Yoga 11:45-12:15 LUNCH see menu	9 9:00 - 9:45 Fit & Fun 10:00 Memoir Group 10:00-2:00 Mahjongg 10:00-1:00 Municipal Agent	10 9:00 - 12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu 12:30-1:30 Qigong 10:00 - 1:00 Tax Collector	11 8:00 Breakfast Club 9:00 -9:45 Fit & Fun 9:45 Left Center Right Dice Game 10:00-1:00 Massage Therapy By appt. call 860-455-1327 10:00 Chaplin Community Harmony Singers
15 Senior Center Closed. Martin Luther King, Jr. Day !!!	16 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 10:00 Memoir Group 10:00-2:00 Mahjongg	17 9:00 - 12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu 12:30-1:30 Qigong	18 8:00 Breakfast Club 9:00-9:45 Fit & Fun 9:15-2:00 Haircuts with Cindi by appt. Call 860-455-1327 10:00 Murder Mystery in a Box 10:00 Chaplin Community Harmony Singers
22 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 10:00 Wii Bowling 11:00 Yoga 11:45-12:15 LUNCH see menu	23 9:00 - 9:45 Fit & Fun 10:00 - Memoir Group 10:00-2:00 Mahjongg 10:00-1:00 Municipal Agent	24 9:00 - 12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu 12:30-1:30 Qigong	25 8:00 Breakfast Club 9:00-9:45 Fit & Fun 9:45 Left Center Right Dice Game 10:00-1:00 Massage Therapy by Appt. call 860-455-1327 10:00 Chaplin Community Harmony Singers
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**THE CHAPLIN TAX COLLECTOR WILL BE AT THE
CHAPLIN SENIOR CENTER**

For our Chaplin resident's convenience, the Chaplin Tax Collector will be at the Senior Center on Wednesday, January 10th from 10:00am till 1:00pm

ONLY CHECKS WILL BE ACCEPTED FOR PAYMENTS DURING THIS VISIT. If you are unable to make it on this day, other options for payment are:

*** Mail it directly to: Chaplin Tax Collector, P.O. Box 944, Willimantic, CT 06235**

*** Pay online at [Pay Tax Collector](#) and receive a receipt via mail**

*** Drop off at office in Willimantic at the Windham Town Hall**

*** Call the tax collector at (860) 456-3037 and pay with a credit or debit card for a small vendor fee.**

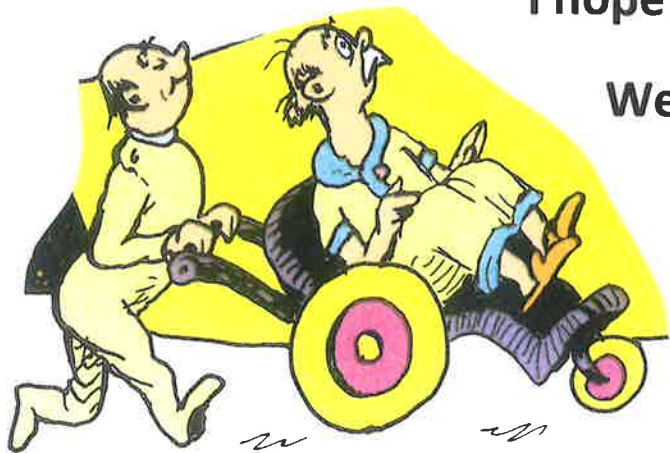
So come and join us for Bingo, stay for a pre-ordered lunch and pay your taxes all in one day!!

OURDOOR FUN IN WINTER
BY RENA QUINTANA
3/18/22 – 1/29/14

Our instructor, Terese Ridgeway asked us to think back to our time of “youth” and write about sports in wintertime. Growing up in the thirties during the depression we learned to make do with what we had. At the end of our street we had a steep hill where we would gather with neighborhood kids to play. We would pack the snow by making giant snowmen first. When the hill was partly cleared we would slide down but not with sleds which we could not afford. We used heavy cardboard boxes to glide down the hill. Then when we got a lot of snow we would ski down. We were very original since we could not afford the skis, so instead we used slats from old wine barrels, tying straps under the slats and around each foot, making sure that our overshoes were strapped tight, and down the hill we would go. Sometimes we didn’t make it to the bottom of the hill! We wore thick snowsuits to keep warm. There wasn’t any traffic so we felt safe.

Ice skating was very big in Barre, Vermont. My brother Bruno was given a pair of old skates. The skates were just right for him. We took turns skating. He used them first and then my sister Linda would use them by putting on two pairs of woolen socks. Then my sister Maria used them by adding enough socks so they would fit her. Since I was the youngest I was the last to use those skates. We would stuff them with newspapers and so many pairs of socks that it was very hard for me to skate! But soon my sisters got their own skates and they fit me much better. On Sunday afternoons there were contests and some of the contestants came from Canada to participate. Those were the carefree olden days we experienced!





I hope you will all join Bob Grindle on

Wednesday January 17th at 12:30

for a reading of

You're Only Old Once

By Dr. Seuss

Murder Mystery in a Box!!

We had so much fun solving the murder last month,

let's do it again!

Thursday Jan. 18th at 10:00am

Mexican Train

The first Wednesday of every month 12:30 till 2:00

Mexican Train is a game played with dominoes. The object of the game is for a player to play all the tiles from his or her hand onto one or more chains, or trains, emanating from a central hub or "station". The game's most popular name comes from a special optional train that belongs to all players.



We have some great activities here at

The Chaplin Senior Center

**To help you keep your New Year
resolutions of getting in better shape!!**

FIT & FUN

EXERCISE CLASS WITH LISA

Every Monday, Tuesday and Thursday

In our multi function room at 9:00am.

**This class is a combination of balance and
strengthening, perfect for all abilities.**

There is no charge for this class.



PICKLEBALL



Monday and Wednesday

9:00am till Noon.

Memoir Group

**"Memories, light the corners of my mind
... of the way we were"**

**Enjoy reminiscing and share with others in a casual
setting. No writing experience needed.**

Just come share your memories.

Tuesday s at 10:00am.



makes us



Chaplin Community Harmony Singers

Let's gather to learn/rehearse songs for the New Year.

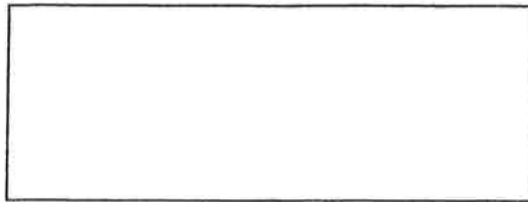
**Have a favorite love song? Bring the title along and
we'll sing it together.**

All are welcome!!

Thursdays at 10:00am

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For information call
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Membership Dues are due!

Just a reminder.... Membership renewals are due in January. Chaplin resident dues are \$10.00 a year and non- resident dues are \$15.00 a year. Your annual dues go a long way in supporting the many programs, services and activities we offer at the Center.

Thank you for supporting the Chaplin Senior Center.