

December 2022

# Chaplin Senior Center

132 Chaplin Street  
Chaplin, CT 06235  
860-455-1327

Lisa Kegler, Director  
Linda Grindle, Asst. Director  
Bob Grindle & Dawn Gilbert, Kitchen  
Ann Lewis, Municipal Agent



**This past month we said goodbye to one of our long time senior center members, Marvin Edelman. A wonderful kind and caring man. Our deepest condolences go out to Eunice, Bruce and the entire Edelman family.**

**Tax Collector** - Mark your calendars. For your convenience the Chaplin tax collector will be here at the center on Wednesday, Jan. 18, 2023, from 11:00am to 1:00.

**Quick Fix Haircuts** - Cindi will be here all day Thursday December 22nd for all your hair care needs!! Call 860-455-1327 for an appointment.

**Holiday Decorating** - Join us on Thursday December 1st at 10:00am to help turn the center into a festive holiday display, followed by a pot luck lunch.

**Adult Day Care** - We are taking a short survey to gather information about the needs of adult/senior daycare in the Chaplin area with the hopes of passing the results on to our state representatives. Please call the center at 860-455-1327 if you would like to participate in the survey

1. If there were adult/senior daycare services available within a 10 minute drive of Chaplin, would you be interested in using this service?
2. As a caregiver, would you like to see more, safe and affordable short-term respite care available for your dependent adult/senior?

**Psychic Medium** - We are curious to know if there is any interest in meeting with a psychic medium for individual appointments. \$20.00 for 20 minutes. Call 860-455-1327 if you have an interest.

## **CURBSIDE PICKUP OR DINE IN LUNCHES CHAPLIN SENIOR CENTER**

**Every Monday and Wednesday**

**\$6.00 for members and \$8.00 for non-members**

**Pickups will be from 11:45 till 12:15. Dining in starts at noon.**

**You must call in your order on the Thursday before by 2:00pm for Monday lunch and call in on Monday before for Wednesday lunch.**

### **December 2022 Menu**

**Monday Dec. 5<sup>th</sup> - Shepherd's Pie, Cole Slaw, Bread & Cherry Crisp**

**Wed. Dec. 7<sup>th</sup> - Chicken Parmesan w/ Mashed Potatoes,  
Vegetable, Garlic Bread and Dessert**

**Monday Dec. 12<sup>th</sup> - Spaghetti and Meatballs w/ Garlic Bread, Mixed  
Vegetables and Dessert**

**Wed. Dec. 14<sup>th</sup> - Turkey Pot Pie, Cheese Biscuit, Cole Slaw and  
Dessert**

**Monday Dec 19<sup>th</sup> - HOLIDAY MEAL – Poached Salmon w/  
Macaroni & Cheese, Green Bean Casserole,  
Dinner Roll and Holiday Cheesecake**

**Wed. Dec. 21<sup>st</sup> - Bacon Cheeseburger w/ Lettuce & Tomato,  
Dill Pickle, Potato Chips and Ice Cream**

**Monday Dec. 26<sup>th</sup> - NO LUNCH – SENIOR CENTER CLOSED**

**Wed. Dec. 28<sup>th</sup> - Salisbury Steak w/ Mashed Potatoes, Vegetable  
Dinner Roll and Brownie**



## **Murder Mystery in a Box!!**

**Can you solve a murder mystery?**

**Come join us on Thursdays December 8th and 15th at 10:00am to check out what we have in the mystery box and see if we can get this murder mystery solved!!! You are one of the detectives.**

## **Holiday Music Tour**

**UConn School of Fine Arts**

**Monday December 19th at 12:30.**

**We will be treated to a combination of woodwinds, strings and vocals.**

## **Gingerbread Village**

**Stop by on Tuesdays at 10:00am during the month of December to help us create a gingerbread village.**

# Chaplin Senior Center Monthly Calendar

## December 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			<b>1</b> 8:00 Continental Breakfast 9:00 - 10:00 Fit & Fun 10:00 Pot Luck Holiday Decorating Party 10:00-1:00 Massage Therapy by appt. Call 860-455-1327
<b>5</b> 9:00 - 10:00 Fit & Fun 9:30 - 11:30 Pickleball 10:00 Wii Bowling 11:00 Yoga 11:45 -12:15 LUNCH see menu	<b>6</b> 9:00 - 10:00 Fit & Fun 10:00 Board Meeting 10:00 Memoir Group 10:00 Mahjongg	<b>7</b> 9:30 - 11:30 Pickleball 9:45 - 11:45 Bingo 11:45 - 12:15 LUNCH see Menu	<b>8</b> 8:00 Continental Breakfast 9:00 - 10:00 Fit & Fun 10:00 Solve a Murder Mystery in a box.
<b>12</b> 9:00-10:00 Fit & Fun 9:30-11:30 Pickleball 10:00 Wii Bowling 11:00 Yoga 11:45-12:15 LUNCH see menu	<b>13</b> 9:00-10:00 Fit & Fun 10:00 Memoir Group 10:00 Mahjongg 10:00-1:00 Municipal Agent	<b>14</b> 9:30 - 11:30 Pickleball 9:45 -11:45Bingo 11:45-12:15 LUNCH see Menu  6:00pm - Cookbook Club Holiday Appetizers Email librarydirector@chaplinct.org to register	<b>15</b> 8:00 Continental Breakfast 9:00- 10:00 Fit & Fun 10:00-1:00 Massage Therapy by appt. Call 860-455-1327 10:00 Solve a Murder Mystery in a box.
<b>19</b> 9:00-10:00 Fit & Fun 10:00 Wii Bowling 9:30-11:30 Pickleball 11:00 - Yoga 11:45-12:15 LUNCH see Menu Followed by some Holiday Entertainment !!	<b>20</b> 9:00 - 10:00 Fit & Fun 10:00 - Memoir Group 10:00 Mahjongg	<b>21</b> 9:30 - 11:30 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu	<b>22</b> 8:00 Continental Breakfast 9:00-10:00 Fit & Fun 9:00-3:00 Haircuts w/Cindi Call 860-455-1327 for Appt.
<b>26</b> <b>SENIOR CENTER CLOSED FOR HOLIDAY WEEKEND !!</b> 	<b>27</b> 9:00 - 10:00 Fit & Fun 9:30-11:30 Pickleball 10:00 Memoir Group 10:00 Mahjongg 10:00-1:00 Municipal Agent	<b>28</b> 9:30 - 11:30 Pickleball 9:45 - 11:45 Bingo 11:45 -12:15 LUNCH see Menu	<b>29</b> 8:00 Continental Breakfast 9:00-10:00 Fit & Fun   Tea Time Book Chat Friday Dec. 9th 3:00 In the Library



CHAPLIN VOLUNTEER FIRE DEPARTMENT'S  
ANNUAL

# CHRISTMAS TREE LIGHTING

SATURDAY, DECEMBER 3, 2022

Tree Lighting with Santa at 5:30PM

THE CHAPLIN FOOD PANTRY WILL BE ACCEPTING  
FOOD DONATIONS



## **Saturday Morning Walking Club (9:00am at the destination)**

**December 3rd - Ct Airline Trail, Rt. 203 in North Windham.**

**December 10th - Airline Trail in Hampton. This time we will park at the Estabrook Road end and walk toward Station Road.**

**December 17th - Natchaug Forest. Take Morey Rd off 198, go over the bridge and take the second left (dirt Road). Park along side of road**

**December 24th - NO WALK**

**December 31st - Bujack Lane in Chaplin. Right off Tower Hill Rd. just past Russ Cemetery. Park along side of the road.**





COMING HOME

Leaves – fall's brilliant compensation  
For days of grey precipitation.  
I cherish, walking, the crisp sound  
Of scraps of color on the ground,  
Reminded that this very road must lead to winter.  
Yet the goad, premonitory of its breath,  
Illuminates this shroud of death  
Which warms my mind and wraps the earth,  
Releasing incense.  
Rebirth seems so far away.  
The bitter cup of shortened day  
Holds whine of wind in barren limbs.  
Ahead, the cross of seasons looms.  
With icy crystal, cloth of snow,  
The supper table's laid.  
The silver light of afterglow  
Diminishes the chill of fate,  
And resurrects, upon my plate,  
A hunger freshly made.



THE BEST BROWNIE RECIPE EVER

*Angela Hawkins Fichter*

When I was about 10 years old, my grandmother asked me to help her make brownies from a new recipe she discovered. Naturally, I happily accepted her request. She never, ever made anything from a mix. Her brownies were made from scratch. As she measured out the flour and other ingredients listed on the recipe for the brownies, she told me to work on the frosting. This was different from other frostings. I had to beat powdered sugar into butter. This was hard since we had no automatic machines for beating. When the brownies had finished baking in the oven, my grandmother set them aside to cool because you sure don't want to spread butter frosting on hot brownies because the brownies could melt the butter. Once the brownies were cool enough, I was told to spread the butter frosting thinly over them. Meanwhile my grandmother had melted bitter-sweet chocolate in a double boiler. We had to wait for that to really cool to prevent melting of the butter part of the frosting. This was the most fun part of my helping: slowly dripping melted chocolate over the frosted brownies, then carefully spreading the melted chocolate around the brownies. Why was this the most fun part? I got to lick the spoon I used for dripping the chocolate over the brownies, plus I got to lick the knife I used for evenly spreading the chocolate.

The brownies were made in a pan that was 9 inches by 9 inches. When they were fully frosted, we were supposed to put them in the fridge to harden the melted chocolate quickly, but my grandmother thought we should sample them first. We each had a small piece. Boy, were they good! We decided to have another sample. Then another, and another. By the time my grandfather got tempted by the chocolate smell to leave his workshop in the garage, we had devoured the whole pan of brownies. We apologized to him, and I hope we looked sincerely repentant. Actually, we weren't able to eat a single bite of anything for lunch, and supper for us was a few small bites. The following week I asked her when we were going to make those brownies again. Never, she said, because you know we won't have any self-control this time either. That was too bad, because none of the other brownies she ever made came up to the yumminess of those forbidden brownies!

The Chaplin Senior Center now has a professional massage chair!!

Call 860-455-1327 to schedule an appt. and come by to give it a try.

**MEDICAL  
BREAKTHROUGH<sup>4</sup>  
TM  
MASSAGE CHAIR**

Sit

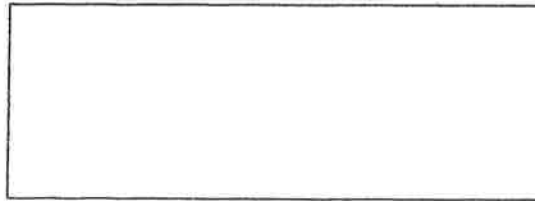
Relax

Enjoy



Chaplin Senior Center  
132 Chaplin Street  
Chaplin, CT 06235

For information call  
860-455-1327



**Oh no...SNOW!!!!**

If the Senior Center has to close or open late due to inclement weather, the announcement will be on Channel 3. We do follow the school schedule. If the school is closed, we will also be closed. Keep in mind there is a chance school could be open but the Senior Center closed. It is always best to check the channel 3 cancellations. Your safety is our concern. Please note: If there is a late opening on a Wednesday, there will be no BINGO that day. As always, if you have any doubt, call the Center at 860-455-3217 before heading out. Thank you.